

Rehabilitation

AT 2050 HEALTHCARE, ENABLES
FASTER RECOVERY OF PATIENTS AND
SIGNIFICANT IMPROVES IN THEIR QUALITY OF LIFE

The newsletter by **2050 HEALTHCARE**



CARECONNECT

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MESSAGE FROM THE CHAIRMAN'S DESK!

Mr. Rajesh Ram Mishra - Chairman, 2050 Healthcare

Healthy life is hearty life!

We understand the profound impact a medical condition can have on the lives of patients. Their near and dear ones are on the look out for rehabilitation/transitional care facilities providing holistic care that would bring them back to normal life as early as possible.

Rehabilitation is a journey to recovery for those who have been affected by debilitating conditions impacting their normal life. It is important to get back on track in life with regained strength and agility.

We at 2050 Healthcare have built world class rehabilitation/transitional care facilities to help such patients recover fast. Each of our centers has team of well trained doctors, nurses, therapists and bedside care givers who have an empathetic personalized approach to healing. Because we understand that a patient's journey need not stop after hospitalization but must take a healthy turn towards a life full of good will and energetic activities.

Through our monthly newsletter CARECONNECT we want to bring to you different aspects of rehabilitation / transitional care for various health conditions and advances in therapies that may help you or you near and dear ones.

We are committed to fulfill our motto of

With You In Every Step of Healing

Reassuring recovery THROUGH REHABILITATION

Rehabilitation involves not only physical well-being but also mental, psychological, and spiritual well-being. Therefore, our experts ensure that, once the patient arrives, they focus on overall wellness by passionately addressing each need of the patient.

1 Continued improvement in physical performance and activities of daily living

Physical therapy rehabilitation should continue after hospital discharge to improve physical performance and activities of daily living.

2 Addressing the combination of physical, mental, and psychological impairment

Critical illness survivors often face a combination of physical, mental, and psychological impairments, which require specialized rehabilitation services to address these challenges.

3 Restoring functional mobility

Rehabilitation programs help patients restore their functional mobility, improving their quality of life and enabling them to perform activities of daily living more effectively.

4 Personalized post-acute care

Post-acute care facilities offer goal-oriented, personalized rehabilitation programs tailored to each individual's needs, ensuring optimal recovery and functional improvement.

5 Preventing rehospitalization

Rehabilitation post-hospital discharge helps patients regain their strength and mobility, reducing the likelihood of rehospitalization and promoting faster recovery.



Doctor's take on our services:



Dr. Anis Padela
(Physician)
2050 Healthcare
Bengaluru

**Get
Connected**



*The smile on your faces
is a gentle pat on our
backs to keep doing
our best.*

Post-hospitalization care for my patients with acute brain stroke has advanced dramatically with the **2050 Healthcare** Team. Their facilities emphasize personalized treatment and incorporate cutting-edge technology. Rehabilitation methods are adapted to each patient's needs to regularly monitor progress. Neurologists, physiotherapists, and psychologists work together in multidisciplinary teams to provide comprehensive care. The emphasis at 2050 Healthcare is on comprehensive recovery, including physical, cognitive, and emotional elements that match my expectations. Adaptive environments aid in relearning daily tasks, while neurostimulation treatments enhance neural recovery. Furthermore, at 2050 Healthcare team focuses on long-term support providing knowledge and tools to help patients and their families navigate life after a stroke. Futuristic institutions like these represent a paradigm shift in stroke rehabilitation, inspiring hope and significantly improving patients' quality of life on their road to recovery. More power to you.



A 360° approach of Rehabilitation, Reassurance & Recovery

Our expertise is based on professionals who have a detailed knowledge of rehabilitation care, not only on physical aspects, but also related to emotional & psychological needs. This gives additional reassurance to patients and helps them recover faster along with the state-of-art technology that assists the care providers with best recovery.



2050[®] HEALTHCARE

is one of India's leading
chain of rehabilitation centers
providing you with the best
rehabilitation facilities such as:

- **Post Stroke Rehabilitation**
- **Neurological Rehabilitation**
- **Cardiopulmonary Rehabilitation**
- **Orthopaedic Trauma Rehabilitation**
- **Sports Injury / Spine Rehabilitation**
- **Paediatric Rehabilitation**
- **Oncology Rehabilitation**
- **Liver/Biliary Rehabilitation**



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|-----------------------------|----------------------------------|-------------------------------|---|
| Home Healthcare Services | Day Care Procedures | Long Term Acute Care | Speech and Swallow Lab |
| Pharmacy 24X7 | Nurses & Nursing Attendants 24*7 | Occupational Therapy Lab | In-patient Physiotherapy & Rehabilitation |
| Diet & Nutrition Management | Doctor Consultations | Lab and Diagnostics/Sleep Lab | Equipment's (Rent & Sale) |



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15+ SERVICES



WITH 1200 QUALIFIED EXPERTS
AND AT 4 CENTRES OF EXCELLENCE

Care is the new definition of happiness!

It was a happy time celebrating New Year with our new family members. A time that was engulfed with love, care, smiles and comfort. One could feel the warmth spread over everyone as the cold winter & pain slowly disappeared from hearts.

Happy New Year





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Kolkata
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Patna

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Ahmedabad
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